

# KIT LIST

## **CAMPING**

Tent and/or Gazebo  
Extra tent pegs  
Blow up/foam mattresses (The ground can be cold, so layer foam mattresses)  
Sleeping bags  
Chair  
Camp decorations  
Water

## **CLOTHING**

Relay for Life T-shirt  
Change of t-shirt  
Short and long trousers  
Warm layers e.g. jumper, hat, gloves etc. (Even if the weather is on our side, it will be cold on the track overnight.)  
Waterproof layers  
Sun hat and sun-glasses  
2 pairs of walking/running shoes as well as an additional pair for relaxing in  
Plenty of socks and undies.  
Sleepwear

## **TOILETRIES**

All current medication and inhalers inc. Hayfever/allergy tablets  
Plasters  
Sun cream  
Blister plasters  
Wet wipes  
Toiletries and towels to freshen up.

## **OTHER**

Unsold raffle tickets  
Outstanding money to pay in  
Cash/change for fundraising events on the day, food and drink at the Relay Café and Streat Pizza etc.

## **Don't Forget...**

Props and costumes for our themed laps and your team lap banner!  
If you want to keep yourself warm you can grab yourself a Relay hoodie at [yaterelayforlife.org.uk/shop](http://yaterelayforlife.org.uk/shop)

