

**For release:
W/C 17th March**

Please endeavour to include the final paragraph of this release in copy.

CAN YOU FIND EIGHT PEOPLE YOU WANT TO SPEND THE NIGHT WITH?

Yate Relay for Life is urging everyone in Yate and Bristol to find at least eight people they want to spend the night with – but all for a seriously good cause, Cancer Research UK.

The charity is encouraging friends, family and work colleagues to get together and enter Yate Relay For Life, a unique celebration of life and hope which unites communities to help beat over 200 types of cancer.

Teams of between eight to 15 people, of all ages, levels of fitness and from all walks of life are needed to take part at Yate Outdoor Sports Centre over the weekend of 5th July.

Participants are asked to raise as much money as possible in the months leading up to the Relay through a wide range of fundraising activities and securing donations from friends, families and work colleagues for Cancer Research UK.

On the 1st March Yate Relay for Life launched the #get200 campaign, urging team captains and members to sign up to Yate Relay and help them to have 200 participants before April. Liam, volunteer media chair said the campaign was ‘part of a big plan to beat last years participant total of 300 people.’ He encourages everyone who is interested in signing up to do so soon, adding that Relay is for a fantastic cause!

Helene, volunteer Chair of Yate Relay For Life, said: “Relay For Life is a great way to spend time with your friends, family and colleagues while raising money for a truly worthwhile cause.”

During the Relay itself, team members take it in turns to walk round a track while everyone else enjoys a wide range of fun activities on offer. As Relay For Life is non-stop through the night, those team members not on the track can take turns to rest, eat, or sleep in their tents which are set up close by.

As dusk falls, the atmosphere quietens as the Candle of Hope ceremony begins. The event is the most poignant part of Relay For Life when specially made Candle of Hope bags - decorated with touching messages in memory or in celebration of loved ones - are filled with sand and lit up with candles around the Track.

This is the Ninth time Relay For Life has taken place in Yate.

Helene continued: “More than one in three people in the UK will be diagnosed with cancer at some stage in their lives. Taking part in Relay For Life is about being part

of a community united in the belief that it can make a difference and help beat cancer.

“We have made so much progress in the fight against this devastating disease, but it’s not just technology or knowledge that we need to win the battle to beat cancer– it’s funding.”

Money raised through Relay For Life funds the work of thousands of scientists, doctors and nurses who are dedicated to saving more lives by preventing, controlling and curing all cancers.

For more information about Relay For Life visit yaterelayforlife.org.uk

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FOR FURTHER INFORMATION CONTACT:

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NOTES TO EDITORS:

About Relay For Life

- **Yate** Relay For Life takes place at YOSC on 5-6th July
- Cancer Research UK’s Relay For Life is a unique celebration of life and hope which unites communities to help beat cancer and culminates in a fantastic family and team experience.
- Teams of between eight to 15 people - of all ages, levels of fitness and from all walks of life - are needed to take part in the overnight festival, which follows months of fundraising.
- #get200 is a campaign launched to get teams full as well as a way to recruit new teams.
- For more information on how to enter Relay For Life, visit yaterelayforlife.org.uk, our Facebook page or on twitter.

About Cancer Research UK

- Cancer Research UK is the world’s leading cancer charity dedicated to saving lives through research.
- The charity’s pioneering work into the prevention, diagnosis and treatment of cancer has helped save millions of lives.
- Cancer Research UK receives no government funding for its life-saving research. Every step it makes towards beating cancer relies on every pound donated.
- Cancer Research UK has been at the heart of the progress that has already seen survival rates in the UK double in the last forty years.
- Cancer Research UK supports research into all aspects of cancer through the work of over 4,000 scientists, doctors and nurses.

- Together with its partners and supporters, Cancer Research UK's vision is to bring forward the day when all cancers are cured.

For further information about Cancer Research UK's work or to find out how to support the charity, please call 0300 123 1861 or visit www.cancerresearchuk.org.

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