

CAN YOU FIND EIGHT PEOPLE YOU WANT TO SPEND THE NIGHT WITH?

Yate Relay for Life is urging everyone in Yate and Bristol to find at least eight people they want to spend the night with – but all for a seriously good cause, Cancer Research UK.

The charity is encouraging friends, family and work colleagues to get together and enter Yate Relay For Life, a unique celebration of life and hope which unites communities to help beat over 200 types of cancer.

Teams of between eight to 15 people, of all ages, levels of fitness and from all walks of life are needed to take part at Yate Outdoor Sports Centre over the weekend of 5th July.

Participants are asked to raise as much money as possible in the months leading up to the Relay through a wide range of fundraising activities and securing donations from friends, families and work colleagues for Cancer Research UK.

Helene, volunteer Chair of Yate Relay For Life, said: “Relay For Life is a great way to spend time with your friends, family and colleagues while raising money for a truly worthwhile cause.”

“This year, there is a full programme of events at Relay, we have planned stallholders for our village fete, live music throughout the Saturday as well as many cancer awareness promotions going on. These include a free 24 hour mole clinic, self examination testicles and breasts, and UV beads which show what the sun does to your body, as well as a lot more!” Any stallholders interested in a stall are urged to get in contact with Yate Relay, details of which can be found on their website.

Last year Relay raised £35,000 and they need new teams to help beat this total and help get more than 30 teams. Currently there is 24 teams registered. In a pledge to raise more money Pearce Brothers have said that they will donate up to £10 to Yate Relay each time a service or MOT is done with them in May, June or July! Also the organising committee has set up a text donation service, just text YRFL56 £5 to 70070 to donate £5.

As well as teams, Yate Relay honours Cancer Survivors with a lap of honour and survivors lunch. Liz, survivors chair, said “survivors are an important part of Yate Relay and we want as many as possible to join us for a lap of honour and lunch. We would love to hear from anyone who wants to take part in the Survivors’ Lap of Honour or who wants to enter a team in Relay For Life. This is a unique event and everyone can play a part.

“With the help of people in Yate and Bristol we can accelerate our progress against this devastating disease.”

For more information about Yate Relay For Life and how to get involved, visit yaterelayforlife.org.uk

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FOR FURTHER INFORMATION CONTACT:

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NOTES TO EDITORS:

About Relay For Life

- **Yate** Relay For Life takes place at Yate Outdoor Sports Centre on 5-6th July
- Cancer Research UK's Relay For Life is a unique celebration of life and hope which unites communities to help beat cancer and culminates in a fantastic family and team experience.
- Teams of between eight to 15 people - of all ages, levels of fitness and from all walks of life - are needed to take part in the overnight festival, which follows months of fundraising.
- For more information on how to enter Relay For Life, visit yaterelayforlife.org.uk

About Cancer Research UK

- Cancer Research UK is the world's leading cancer charity dedicated to saving lives through research.
- The charity's pioneering work into the prevention, diagnosis and treatment of cancer has helped save millions of lives.
- Cancer Research UK receives no government funding for its life-saving research. Every step it makes towards beating cancer relies on every pound donated.
- Cancer Research UK has been at the heart of the progress that has already seen survival rates in the UK double in the last forty years.
- Cancer Research UK supports research into all aspects of cancer through the work of over 4,000 scientists, doctors and nurses.
- Together with its partners and supporters, Cancer Research UK's vision is to bring forward the day when all cancers are cured.

For further information about Cancer Research UK's work or to find out how to support the charity, please call 0300 123 1861 or visit www.cancerresearchuk.org. Follow us on [Twitter](#) and [Facebook](#)